

Skater: _____ Assessor: _____ Date: _____

Steps Performed:						<input type="checkbox"/> <i>Lead</i>		or	<input type="checkbox"/> <i>Follow</i>				
STAR 6		STAR 7		STAR 8		STAR 9		STAR 10		GOLD			
<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> A	<input type="checkbox"/> B
DIAMOND													
	<input type="checkbox"/> A	<input type="checkbox"/> B	<input type="checkbox"/> C	<input type="checkbox"/> D	<input type="checkbox"/> E	<input type="checkbox"/> F							

B = Below Standard			S = Standard			A = Above Standard		
<i>Technical Execution</i>	B	S	A	COMMENTS				
Timing								
Accuracy								
Edge Quality								
Technical Execution: <input type="checkbox"/> 3/3 must be Standard or better								

<i>Performance Execution</i>	B	S	A	COMMENTS				
Power & Flow								
Form & Control								
Pattern / Ice Coverage								
Expression								
Performance Execution: <input type="checkbox"/> 3/4 must be Standard or better (STAR 6 - 8)								
Performance Execution: <input type="checkbox"/> 4/4 must be Standard or better (STAR 9 - DIAMOND)								

Technical Execution:	<input type="checkbox"/> YES <input type="checkbox"/> NO	Both <i>Executions</i> must be YES to receive an overall assessment of READY TO TEST
Performance Execution:	<input type="checkbox"/> YES <input type="checkbox"/> NO	

Result of Assessment:	<input type="checkbox"/> <i>READY TO TEST</i>	<input type="checkbox"/> <i>NEEDS IMPROVEMENT</i>
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Technical Execution can only be assessed after two (2) full pattern sequences are completed

B = Below Standard

S = Standard

A = Above Standard

Technical Execution	
Timing Timing	<p>B: Timing is inconsistent; frequent errors disrupt flow and rhythm.</p> <p>S: Timing is correct; minor errors do not disrupt rhythm or structure.</p> <p>A: Timing is consistent and confident; enhances rhythm, phrasing, and overall musical alignment.</p>
Accuracy Accuracy / Focus Areas	<p>B: Steps or turns are incorrect or out of sequence; steps lack clarity. Technique is weak or incorrect.</p> <p>S: Steps and turns are correct; steps remain clear and recognizable. Technique is adequate.</p> <p>A: Steps and turns are clean, precise, and consistently executed. Technique is strong and confident.</p>
Edge Quality Edge Quality / Focus Areas	<p>B: Edges are flat, unclear, or lack control; balance is inconsistent. Limited variety of turns demonstrated.</p> <p>S: Edges are clear with control and appropriate depth. Some variety of turns demonstrated.</p> <p>A: Edges are clean, controlled, and show consistent depth and confidence. A range of turns are demonstrated.</p>

Performance Execution	
Power & Flow Accuracy / Edge Quality	<p>B: Movement is slow, laboured, or inconsistent; flow is interrupted.</p> <p>S: Movement is continuous with adequate power and flow.</p> <p>A: Movement is strong, continuous, and effortless with consistent speed.</p>
Form & Control Carriage/Clarity	<p>B: Posture and control are inconsistent; movements lack clarity. Transitions are weak.</p> <p>S: Posture and control are maintained; movements are clear. Transitions are adequate.</p> <p>A: Posture is strong, with clean lines, and controlled, refined movement. Transitions are strong.</p>
Pattern / Ice Coverage Accuracy / Focus Areas	<p>B: Placement is inconsistent or incorrect; movements do not align with the intended pattern. Use of the ice is limited or uneven. Multi-directional skating is limited.</p> <p>S: Placement aligns with the intended pattern, with minor deviations. Use of the ice is moderately appropriate. Multi-directional skating is adequate.</p> <p>A: Placement consistently aligns with the intended pattern. Use of the ice is confident, controlled, and well-balanced throughout. Multi-directional skating is strong.</p>
Expression Character/Rhythm	<p>B: Expression is inconsistent or unclear; limited connection to rhythm, style, and musical character.</p> <p>S: Expression reflects rhythm and style with some consistency; connection to the music and character is moderately evident.</p> <p>A: Expression is clear and consistent; strongly reflects rhythm, style, and musical character with confident projection and presence.</p>

Execution Standard must be consistent with the applicable Skate Canada assessment level.